

CENTRAL LYON MENU ~ FEBRUARY 2026



BREAKFAST PRICES:

Student: Free
 Adult: \$1.90
 Second Juice: \$.40

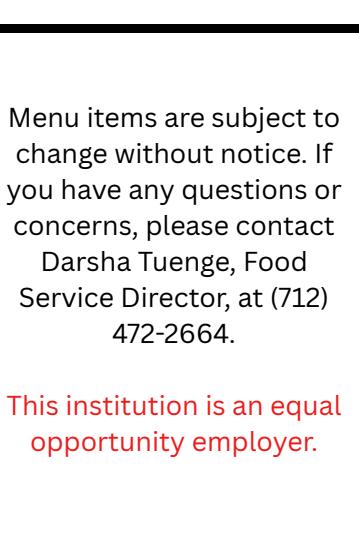
LUNCH PRICES:

Grades TK-6: \$2.40
 Grades 7-12: \$2.50
 Adult: \$4.85
 Second Entrée: \$2.50
 Extra Milk: \$.40

BREAKFAST SERVING TIME
 IS 7:45am - 8:05 am

Menu items are subject to change without notice. If you have any questions or concerns, please contact Darsha Tuenge, Food Service Director, at (712) 472-2664.

This institution is an equal opportunity employer.



BREAKFAST

MONDAY

2

Breakfast Sandwich
 Yogurt

Spaghetti w/ Meat
 sauce
 Garlic Toast
 Green Beans
 Applesauce



LUNCH

TUESDAY

3

Waffles & Syrup
 Sausage links

Beef Tacos
 w/ lettuce & cheese
 Corn
 Pineapple
 Sandwich K-4
 Salsa 5-12

BREAKFAST

WEDNESDAY

4

Cereal
 Toast

Waffles & syrup
 Sausage
 Mixed veggies
 Grapes
 Sandwich 7-12

LUNCH

THURSDAY

5

Scrambled Eggs
 Hash Brown patty
 Toast

Chicken Drummies K-1
 Chicken Drumstick 2-12
 Mashed potatoes
 Carrots
 Peaches
 Sandwich

BREAKFAST

FRIDAY

6

Cinnamon Roll
 Yogurt

Pizza
 Romaine lettuce w/
 dressing
 Baby carrots
 Juice cup

LUNCH

9

Breakfast Bagel
 Yogurt

Italian Dunkers w/
 Meat Sauce
 Green Beans
 Lettuce w/
 dressing
 Pears

10

Pancake Bites & Syrup
 Yogurt

Breaded Pork Patty
 Mashed Potatoes
 Gravy or butter
 Peas
 Applesauce
 Sandwich

11

Cereal
 Toast

Hot Ham & Cheese
 Sandwich
 Broccoli
 Baby carrots w/
 ranch
 Strawberry cup

12

Cheese Omelet
 Toast

Beef & Bean Nachos
 w/cheese sauce
 Corn
 Orange wedges
 Sandwich 7-12

13

NO
 SCHOOL

1:15 DISMISSAL

LUNCH

16

NO
 SCHOOL
 HAPPY
 Presidents
 DAY

17

French Toast Sticks &
 Syrup
 Yogurt

Chicken Fajitas
 w/ lettuce &
 cheese
 Corn
 Pineapple
 Sandwich TK-4

18

Cereal
 Toast

Fish Shapes & Smiles
 TK-6
 Fish Sandwich & Fries
 7-12
 Peas
 Grapes

19

Breakfast Pizza
 Yogurt

Italian Pasta Hot Dish
 Breadstick
 Broccoli
 Lettuce & Dressing
 Applesauce

20

Dutch Waffle
 Yogurt

Taco in a bag
 Lettuce & cheese
 Green beans
 Apple Slices
 Salsa 5-12
 Sandwich 7-12

All breakfasts are served with milk, juice, and fruit.

All lunches are served with 1% white or fat free chocolate milk.

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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BREAKFAST

23

Egg Bites
Toast

Breaded Chicken Patty
Mashed potatoes
Gravy or butter
Corn
Peaches
Sandwich

TUESDAY

24

Pancake & Sausage
on a Stick
Yogurt

Chicken Noodle Soup
Crackers
String cheese
Carrots
Pears
Sandwich 7-12

WEDNESDAY

25

Cereal
Toast

Sloppy Joe on a bun
Pickles
Baked beans
Baby carrots
Grapes

THURSDAY

26

Breakfast Taco
Yogurt

Mr. Rib on a bun
Peas
Hash Brown Patty
Mixed Fruit

FRIDAY

27

Muffin
Yogurt

Three Cheese Calzone
Green Beans
Lettuce & dressing
Applesauce

BREAKFAST

LUNCH

BREAKFAST

LUNCH

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